

# EMPOWERING COMMUNITIES TO BE ECONOMICALLY, EMOTIONALLY, SPIRITUALLY, AND PHYSICALLY HEALTHY.



## What We Do

iNala (previously Freedom Communities) is a non-profit company that assists underprivileged communities in Kwadukuza, KZN, to create sustainable small businesses with the goal of **breaking generational cycles of poverty, empowering people to become providers and therefore self-sustaining**. We are registered as a Public Benefit Organisation that is able to provide a tax-deductible receipt in recognition of sponsorships and / or donations.



## The Communities We Serve

The region has an unemployment rate in excess of 60% with an alarming number of vulnerable children, unsupported elderly, and youth in need of support to rise above their circumstances. Gender-based violence, alcohol abuse, teenage pregnancies, the recent devastating riots, and the Covid-19 pandemic have exacerbated already dire conditions and the poorest of the poor have felt the pain deeply.

We depend entirely on donations and sponsorships to support our **Focus Areas:**



Identify, support and empower proven local leaders.



Build multi-purpose training facilities to prosper whole communities.



Ensure capacity and skills development.



Enable small business development prosperity.



Create food security through subsistence farming.

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Reg No. 2020/667189/08  
PBO No. 930071717

# HOW YOU CAN **SUPPORT US**



**DONATE**

Financial: monthly or once-off items: see current needs list.



**FUNDRAISE**

iNala would love to be your event beneficiary.



**VOLUNTEER**

Your time and talents - there is a role for everyone.

## Our Initiatives

We welcome the opportunity to take you on a visit to show you the important roles we are fulfilling in the community and share our plans for the future with you. Come and see some of our success stories in action.

### 01 CARING FOR CHILDREN AND THE ELDERLY

We feed 150 children and 30 elderly three times per week: over 30,000 meals since 2020. Our goal is to be feeding 500 people every day by June 2022; and to implement satellite soup kitchens run by the community.

### 03 SUBSISTANCE FARMING

We currently have half an acre of land in Thembeni, yielding crops such as tomatoes, onion, spinach, beetroot and lettuce. These crops feed needy children and the elderly. People who don't have money can work in the veggie garden and earn to purchase from our charity shop.

### 02 SKILLS AND SMALL BUSINESS DEVELOPMENT

We offer various training courses and workshops, such as carpentry and sewing. We support the development, sustainability and success of small businesses through seed funding, mentoring, training, and purchasing products.

### 04 CHARITY SHOP

The shop is located in Thembeni and is open every Saturday. Run by volunteers it stocks goods donated by individuals, NPCs and companies as well as products created by local small businesses. The pricing is affordable - well within the reach of community members.

“You have not lived today **until you have done something for someone** who can never repay you.” John Bunyan



**Standard Bank of South Africa** Account Name: Freedom Communities NPC  
Account No.: 1013 9755 444 | Branch Code: 00 02 05 | Swift No.: SBZA ZA JJ